

### Seed of the Month:

## Nurture

Care & Feeding,  
Loving Support



"Cast all your cares on the Lord  
and He will sustain you."  
– Psalm 55:22a

### When Nurture Grows

- People get the help they need.
- People experience the joy of helping others.
- Skills are put to worthy use.
- The Lord is pleased as we show our love for Him by how we love others.

### Affirming Thoughts

- We all need help.
- How can I help the people around me?
- What do I have that someone else needs?
- Think more often of the needs of others.

**LOVE:** A good working definition for love is "seeking the highest welfare for the one who is loved." Love is the motivation for planting and cultivating the *12 Seeds*. It's also the bonding agent, the glue that holds good relationships together. The last verse in Colossians 3:12-14 says, "And over all these virtues put on love, which binds them all together in perfect unity." The word *love* is used 551 times in the Bible – it's that important.



**12 Seeds LifeSkills for Growth:** The seed of Nurture focuses on "love in action." Discover more practical ways to plant the seed of Nurture by accessing the [12 Seeds LifeSkills for Growth](#) worksheet that can be found on our website.

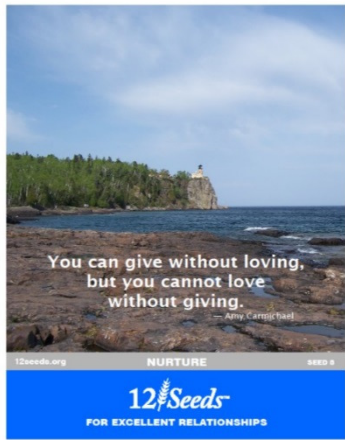


**12 Seeds Summer Update:** We're thankful for all that God has been doing with the *12 Seeds* in 2018. Here's a brief summary of what's been happening:

- We've provided over 1,400 *12 Seeds* books and 1,250 journal-workbooks to a number of recovery ministries.
- Presented weekly on-site *12 Seeds* devotional sessions for residents at New Hope Men's Recovery Center in south Minneapolis.
- Taught monthly on-site *12 Seeds* classes at Forgiven & Set Free in Duluth.
- Spoke on three different occasions at FreedomWorks Connection Dinners in north Minneapolis.
- Attended Prison Transition Fairs at Shakopee Women's and St. Cloud prisons with plans to visit Stillwater prison in October.
- Provided *12 Seeds* discussion exercises to Timber Bay, a youth ministry in Buffalo, MN.
- Organized the Free Training Tool section of our website to make training tools easier to locate.

[Click here for more highlight details.](#)

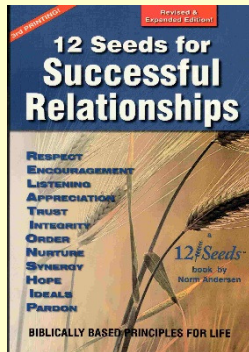




[Click here](#) to download this full-color poster above from our website.



*The 12 Seeds are 12 ways to love others!*



This 128-page book promotes healthy, successful relationships in all areas of life.

**To order this book in English or Spanish, & the Journal-Workbook [click here](#)**

*Purpose of this newsletter:*  
**To remind about 12 powerful Biblical principles for character development and relationship growth.**

**This newsletter is made possible by our donors and sponsors.**

**Forgiven & Set Free:** On Tuesday, July 10th, Norm spoke at the Forgiven & Set Free recovery group that meets at Gospel Tabernacle in Duluth. He continued teaching in the *12 Seeds Gifts of Love* series. They reviewed the first few pages of the series, then focused on how sharing the principles of the *12 Seeds* are ways to love others. Each seed helps fill a human need. We discussed the "transformation toward greater Christ-likeness" which is covered in the series: growing from a "take & take" style of living to "receive & share" living. We looked at James 1:17, which states that "every good and perfect gift" comes from God. We are to receive those gifts and then share them with others. To learn more, download the *12 Seeds Gifts of Love* training tool and *Leader's Guide* from our website.



**R3 at the Salvation Army:** Chaplains Charles Berry and John Hulteen presented the outreach of the Salvation Army Correctional Services Division. They work on both sides of the prison walls to help restore the lives of inmates through faith in Christ, developing relationships, providing encouragement, training programs and recovery support groups. The VAST, Volunteer Aftercare Support Team, provides groups for men and women to support their transition back to life on the outside.



### **Honoring Founders of R3 Collaborative:**

Jim Moore, Executive Director of R3, presented certificates of appreciation to three founders who were instrumental in starting the R3 Collaborative in 2002: Ken Ehling, David Stricker & Dave Ophaug. It was a moving moment as we thanked them for their service.



Jim Moore, Ken Ehling, David Stricker & Dave Ophaug

**The next meeting of the R3 Collaborative** will be held on Thursday, August 16, at the Transform MN Building. [Click here for more details.](#)



To see a list of sponsors  
please [click here](#).

**Help Multiply the 12 Seeds!** By focusing on equipping and encouraging leaders, we multiply the impact of the *12 Seeds!* Your gift to the [12 Seeds Ministry Fund](#) will enable us to equip and encourage more leaders who are working with people in recovery from addiction and crime. To view the ministries that have received grants from the *12 Seeds* Ministry Fund, [click here](#). Your tax-deductible donation goes directly to the *12 Seeds* Ministry Fund, administered by the National Christian Foundation.

Thank you for helping to plant and cultivate these life-changing seeds!



-----

To unsubscribe from this email, or to change your email address, click on "Manage Your Subscription" below.