### 12 Seeds Leader Letter - ENCOURAGEMENT - February 2020

From: 12 Seeds (norm@12seeds.com)

To: cm.sawyer27@yahoo.com

Date: Saturday, February 1, 2020, 09:00 AM CST



# **Leader Letter**

February 2020

#### FOR CHARACTER ~ FOR RELATIONSHIPS ~ FOR LIFE



# Seed of the Month: **Encouragement**

**Inspiring with Courage** 

You, Lord, hear the desire of the afflicted, you encourage them, and you listen to their cry, defending the fatherless and the oppressed . . .

- Psalm 10:17-18a

### Other Words for Encouragement

- Boosting
- Cheering
- Comforting
- Heartening
- Motivating

"Encouragement is oxygen to the soul."
- George M. Adams

More on Encouragement: To discover more about the seed of Encouragement, click here. You'll find free downloadable tools you can use in classes and discussions, including Scripture study sheets and posters you can print out.

Encouragement Lessons from the Geese: Most people know that geese generally fly in a V formation, which gives them up to 70% greater flying range. What is less well-known is that their honking, which is part of their social bonding, is actually a form of encouragement to keep flying and keep the speed up. Their speed while in formation can reach 60 mph. Even beyond the honking is the interesting fact: when a goose drops out of formation due to illness or exhaustion, one or two others will go with it and stay with it until it is able to fly again.

## When Encouragement Grows

- People are motivated to press on.
- A proper self-image is nourished.
- People are reassured that others care.
- Enthusiasm and energy levels increase.
- Efforts are energized and progress continues.
- Friendships are reinforced.
- · Teamwork grows.

Purpose of this newsletter:

To remind about 12 powerful Biblical principles for character development and relationship growth.

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Your comments, suggestions, experiences and insights about relationships are always welcome. Send to: info@12seeds.com. Thanks.

R3 Collaborative Networking
Meeting is scheduled for Thursday,

February 20, 2020, at the R3
Collaborative Conference Room, 1515 E.
66th St, Richfield, MN 55423.
Networking begins at 11 AM with a light lunch to follow. To find out more about R3 Collaborative, click here.

**\* \* \*** 

Progress on the Love Book: The new book about 12 Seeds as ways to share God's love (agape) with others is coming along. It will be a concise 64-page reference book about God's love and how His type of love is different from four other types of love. Specific applications related to each seed are included, plus helpful additional material such as a "Relational Triage" section.

**\* \* \*** 

Over \$466,000 of grants have been given from the 12 Seeds Ministry Fund over the years. The fund makes financial grants to Christian non-profit organizations around the country so they can use 12 Seeds materials and training in their ministries. We are grateful to the many individuals who have contributed to this over the years. To see a listing of the many ministries that have received grants from the 12 Seeds Ministry Fund, click here.

**\* \* \*** 

The 12 Seeds Ministry Fund has been replenished for 2020! We are thankful for the contributors who made this possible. The Fund was established at the National Christian Foundation in 2007. The Fund makes grants to ministries - especially those that are working with

people in addiction and criminal recovery - so they can obtain 12 Seeds materials and training for the people they serve.

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Ministry Fund. If you have a ministry and you'd like us to submit a grant request on your behalf, send an email to norm@12seeds.com

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