

Seed of the Month:

Integrity

Moral Strength & Wholeness



"The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity."

– Proverbs 11:3

When Integrity Grows

- Time and effort don't have to be wasted in hiding motives, covering tracks, or making excuses.
- Less injury is done to others.
- Life gets simpler and stress decreases.
- We can be more devoted to positive things, rather than recovering from the negatives of deceit.
- People do what they said they would do.
- Trusting relationships grow.

Affirming Thoughts

- I will not deceive others.
- Integrity is a quality that I value.
- Honesty is the best policy.

12 Seeds at Timber Bay: Recently, Pat Malloy and Norm Andersen visited with Paul Vorderbruggens who works with Timber Bay ministries in Buffalo, MN. Paul runs an after-school program for young people and has the opportunity to work with them one-on-one. The program is in need of materials to use in challenging and encouraging these young people in every aspect of their lives. Paul expressed interest in the *12 Seeds* for Successful Relationships approach. Pat is writing short exercises (three for each seed) that Paul will be able to use with his students. Eventually, these exercises may be combined in a workbook that could be used by anyone working with young people in a counseling capacity. Pray that the young people will benefit from these exercises.



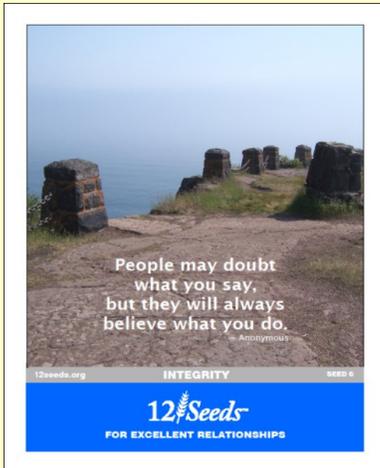
7 Things Every Youth Ministry Should know about Relationships:

Newly revised for youth ministry leaders! Youth ministry leaders are in a prime position to positively influence many relationships for the benefit of their ministries and each person involved. This six-page article gives some reasons why wise leaders focus on relationship development at all levels. To download, [click here](#).



One Step at a Time was the theme for the 9th Annual Transitions Fair on May 2 held at St. Cloud Prison. Russ Saulon and Norm Andersen with *12 Seeds* participated in the fair for inmates whose sentences are up in 18 months or less. The Transitions Fair provides resources to help inmates transition back into society. Over 300 inmates attended this voluntary event, and most of them received a *12 Seeds* book and/or journal-workbook. Bill Dornbush, the Chaplain at the prison, said he gets requests in his work for the book. We left about 50 copies for him to use with inmates.

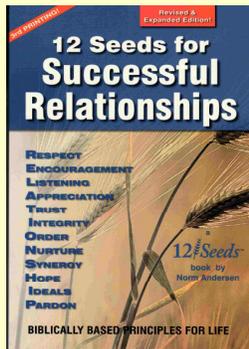




[Click here](#) to download the full-color poster above from our website.



The quality of our relationships reflects the quality of our lives.



This 128-page book promotes healthy, successful relationships.

To order this book in English or Spanish & the Journal-Workbook click here

Purpose of this newsletter:

To remind about 12 powerful Biblical principles for character development and relationship growth.

Grants are available for 12 Seeds materials & training! The 12 Seeds Ministry Fund is made up of donations from people who want to see the 12 Seeds planted and cultivated in many more lives. The fund is designed to help 501c3 ministries purchase 12 Seeds resources. It is administered by the National Christian Foundation. Over the years many ministries have received grants for 12 Seeds resources. If you are interested in applying for a grant, email: grants@12seeds.com



FreedomWorks Connection Dinners:

Norm will be teaching at the Connection Dinners on June 14 and 21. He will be speaking on the topics of Trust and Integrity. FreedomWorks is a Christian post-prison aftercare support center in north Minneapolis. [FreedomWorks](#) residents are given a place to live, a pathway to employment, an individual mentor, and a network of supporting volunteers that walk with them as they learn to trust God to transform their lives through Bible study, personal accountability, service and fellowship.



R3 Collaborative Networking Meeting is planned for Thursday, June 21, 11 AM at **UpWorks** located at 1600 University Ave. W., Suite 19, St. Paul, MN 55104. UpWorks connects clients with suitable jobs or schools that match their skills, abilities, and goals.



Help Multiply the 12 Seeds! By focusing on equipping and encouraging leaders, we multiply the impact of the 12 Seeds! Your gift to the 12 Seeds [Ministry Fund](#) enables us to equip and encourage more leaders who are working with people in recovery from addiction and crime. To view ministries that have received grants from this fund, [click here](#). Your tax-deductible donation goes directly to the 12 Seeds Ministry Fund, administered by National Christian Foundation.

Thank you for helping to plant and cultivate

these life-changing seeds!

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