

Seed of the Month:

Hope

Positive Expectations



"We have this hope as an anchor for the soul, firm and secure."
— Hebrews 6:19a

Thoughts & Attitudes

- ◆ With the Lord's help, I know I can make it.
- ◆ Remember that the Lord has brought you through many past challenges.
- ◆ Meditate on God's promises.

Words & Actions

- ◆ "We're making progress!"
- ◆ "It will be worth it."
- ◆ "Better things are coming."
- ◆ Share hope with others by encouraging them.
- ◆ Get the rest you need.
- ◆ Avoid negative remarks.

HOPE keeps us going, even when the way is difficult. It focuses us on a better future even when the present is not as we'd like it to be. Hope enables us to live with the expectation that things will get better. It helps fill the need for *motivation to press on*. To discover more resources on the seed of Hope, visit the [12 Seeds Leader Library](#).



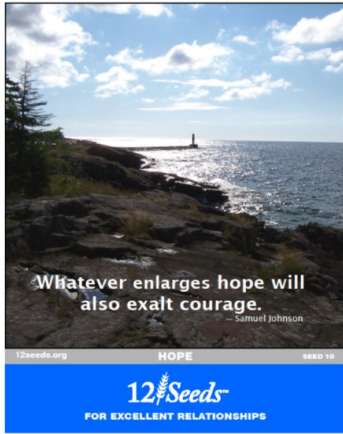
All 12 Seeds found in James 1:12-20! At the Tuesday evening group in Duluth on September 19, Norm led the Forgiven & Set Free group in a discussion of the above Bible passage. Their challenge was finding all 12 Seeds in James 1:12-20. The seed of Listening was easy (James 1:19b) but they were able together to find all 12 Seeds. How about you?



R3 Collaborative at The Salvation Army: 12 Seeds is a ministry partner with R3 for Recovery, Reentry & Renewal, which is an association of over 1,000 members serving those in recovery. Each month R3 visits one of its ministries to see the work they do and how we can partner with them. R3 met on September 21 at The Salvation Army (SA) divisional headquarters to hear how they are serving people in recovery. They have well developed programs including The Salvation Army Volunteer Aftercare Support Team (VAST). Their mission is to provide supportive services to those reentering from prisons and long-term residential Salvation Army programs. This includes meals, mentoring, job coaching, and life recovery groups for both men and women. Chaplain John Hulteen and Rick Loftus with VAST are using the 12 Seeds as a part of their mentoring program. To find out more about The SA "doing the most good" [click here](#).



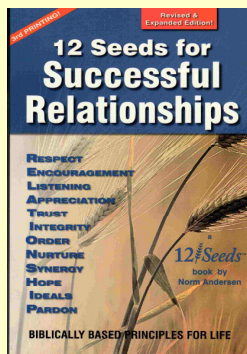
12 Seeds in Muskegon, Michigan: Dr. Rob Renberg from Berean Church in Muskegon, MI, has started to use 12 Seeds books and journal-workbooks to help equip his congregation. He recently sent us this email, "I pray that God will use the materials to equip our church and those to whom we minister to more effectively serve Him."



[Click here](#) to download the full-color poster above from our website.



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The 12 Seeds are actually 12 ways to love others!

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Purpose of this newsletter:
To remind about 12 powerful Biblical principles for character



We have a new look! We collaborated with Russ Saulon, an artist, architect, and sponsor of the 12 Seeds to help us improve the look of our website. We thank Russ for his helpful insights and ideas. To check out our "new look" visit 12seeds.org



12 Seeds Training Completion Form: Have you recently taught a 12 Seeds class and would like to give your students a certificate of completion? We have developed a template for you to use. Just download and print off the 12 Seeds Training Completion form. There is space to fill in the name of the person who completed the training, the organization that conducted the training, and a trainer signature and date line. It's easy to download, [click here](#).



Help Multiply the 12 Seeds! By focusing on equipping and encouraging leaders, we multiply the impact of the 12 Seeds! Your gift to the [12 Seeds Ministry Fund](#) will enable us to equip and encourage more leaders who are working with people in recovery from addiction and crime. To view ministries that have received grants from the 12 Seeds Ministry Fund, [click here](#). Your tax-deductible donation goes directly to the 12 Seeds Ministry Fund, administered by National Christian Foundation.

Thank you for helping to plant and cultivate these life-changing seeds!



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