

**Seed of the Month:**

**Respect**

Regard, Esteem, Honor



*"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves."*

– Philippians 2:3

**Prayers**

- ◆ Dear Lord, please help me have the highest respect for You.
- ◆ Help me to worship You in my thoughts, words, and actions.
- ◆ Thank You for having regard for people.
- ◆ Please help me to treat people with dignity and respect.

**Discussion Questions**

- ◆ What do the Scriptures say about respect?
- ◆ Who should we respect?
- ◆ Do I respect others? If so, how?
- ◆ What can I do to show greater respect to others?
- ◆ What will I commit to changing or doing?

**For more on Respect:**

**Wishing you all a joyful New Year!**

*May the Lord bless and enrich all your relationships in 2018!*



**Prison Fellowship Academy** held their community meeting on December 4th at Shakopee Women's Prison. Norm was the main speaker. He was asked to answer several questions in his talk. Here are some of the answers he shared:

- **How did you come to know the Lord? What impact did this have on your life?** I was raised in a Christian family and came into a personal relationship with the Lord at age 14. Over the years this has made an increasingly big difference in every area of my life – in my thoughts, words and actions.
- **What motivated you to write the 12 Seeds book?** After many years in business, I came to learn that relationships are of prime importance in all areas of life. In November of 1999 the ideas for the *12 Seeds* started coming to me, and I began to write about them. The content came from personal experiences, study of the Scripture and other sources.
- **How has God blessed this?** Since then, the *12 Seeds* materials and training have been used primarily in recovery ministries and also in families, businesses and churches. It's a great encouragement to me when people tell of the impact the *12 Seeds* have had in their lives.

To learn more about Prison Fellowship Academy at Shakopee Women's Prison, [click here](#).



**Forgiven & Set Free in Duluth:** Last month we discussed some basic concepts of "Baggage/Transference." A discussion sheet was provided to the group. For more information on this topic and to see the discussion sheet, [click here](#).



**12 Seeds BIBLE STUDY LESSON SHEET - SEED 1**  
 Powerful Principles for Growth in the Body of Christ

**RESPECT**  
 REGARD, CONSIDERATION, HONOR

**R**espect is regard for the situation, ideas and opinions of other people. To respect others is to consider - think of - others and treat them with dignity. Respect forms the basis for civility in any group and in any society. It is an important ingredient in quality relationships and quality living. Respect is also the gateway to the practice of the other seeds.

**WAYS TO LOVE**

**12 Seeds**  
 Encouragement  
 Trust  
 Integrity  
 Order  
 Nurture  
 Synergy  
 Hope  
 Ideals  
 Pardon

**OTHER SEEDS FOR THIS SEED:**  
 • affection  
 • consideration  
 • deference  
 • dignity

Respect helps fill the human need for: **Dignificance**

Look up the verses below and note what they say about this seed:  
 Exodus 20:12  
 Proverbs 11:16  
 Romans 12:10  
 Philippians 2:3  
 1 Peter 2:17

Who should we respect? Why?  
 Why is respect so important in any relationship with God?  
 A good example of respect is ...  
 How is respect related to love?  
 How does respect build the Body of Christ?  
 How will I do I respect others? Explain.  
 What will I do to increase respect in my life?

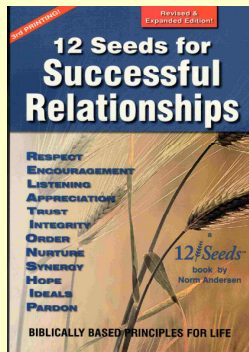
Honor one another above yourselves. - Romans 12:10

Write down what the verse above means to you.

Dear Lord, please help me to have the right attitude for You. (You please help me to love respect the others and treat them with dignity and honor.)

[Click here](#) to download the Bible study worksheet on Respect from the [12 Seeds Leader Library](#).

*The quality of our relationships reflects the quality of our lives.*



This 128-page book promotes healthy, successful relationships in all areas of life.

**To order this book in English or Spanish, click here**

*Purpose of this newsletter:*  
**To remind about 12 powerful Biblical principles for character development and relationship growth.**

**FreedomWorks:** On Thursday, January 11th, Norm plans to speak at the FreedomWorks Connection Dinner. His topic will be the seed of Hope, and he plans to use the 12 Seeds Scripture Study Sheets to facilitate discussion. These study sheets can be found in the [12 Seeds Leader Library](#) under the seed of Hope. To find out more about FreedomWorks, a post-prison aftercare ministry in North Minneapolis, [click here](#).



**R3 Collaborative:** The next R3 networking meeting is planned for Thursday, January 18th, 11 AM - 1 PM, at Minnesota Adult & Teen Challenge, 740 East 24th ST, Minneapolis, MN 55404. Lunch will be served. To find out more about the R3 Collaborative, [click here](#).



**Our major areas of focus for 2018:**

- Develop the 12 Seeds website and more downloadable training tools, including PowerPoint presentations.
- Publish materials on baggage/ transference.
- Work with more recovery and youth ministries, especially those working with at-risk youth.
- Promote the 12 Seeds TeamBuilder training series to more Christian business leaders.



**Help Multiply the 12 Seeds!** By equipping and encouraging leaders, we multiply the impact of the 12 Seeds! Your gift to the [12 Seeds Ministry Fund](#) enables us to equip and encourage more leaders who are working with people in recovery from addiction and crime. An update of our [Highlights in 2017](#) is now available on our website. Also, view the [ministries that have received grants](#) from the 12 Seeds Ministry Fund. Your tax-deductible donation goes directly to the 12 Seeds Ministry Fund, administered by the National Christian Foundation.

Thank you for helping to plant and cultivate these life-changing seeds!



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