

Leader's Version **Introductory Worksheet**

A few basics

Relationship: A continuing attachment or association between people who have dealings with each other; a dynamic connection between individuals, or between an individual and a group.

> The quality of any **group** is tied to the quality of the **relationships** among people associated with the group.

The quality of relationships has great impact upon individuals and groups:

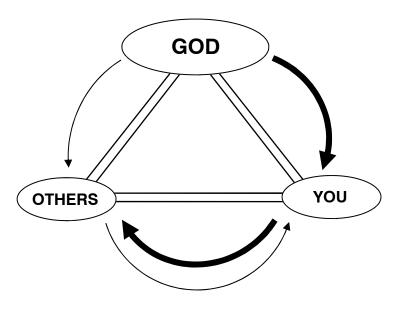
Poor relationships are very costly Good relationships bring many benefits

Stress Divorce Estrangement Joy Trust Job success Hatred Satisfaction **Rudeness Job loss** Growth Respect

Lack of communication Love Fellowship Good Communication

Better relationships mean higher quality of life for all!

Relationship Dynamics:



Leader: Suggestion: draw the above diagram on a whiteboard. Add light arc lines (from God to others to you) first,

then the heavy lines (from God to you to others).

The 12 Seeds

Respect

Encouragement

Listening

Appreciation

Trust

Integrity

Order

Nurture

Synergy

Hope

I deals

Pardon

5 ways to grow the 12 Seeds

- 1. Prayer
- 2. Thoughts & Attitudes
- 3. Words
- 4. Action
- 5. Fellowship

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