

## **PRAYERS**

*Some suggestions . . .*

- Dear Lord, thank You for the pardon You have mercifully and graciously given me.
- Dear Lord, please help me to tell others the Good News that You offer them pardon.
- Dear Lord, please help me to graciously pardon those who commit offenses against me.

## **THOUGHTS & ATTITUDES**

*Affirm thoughts like these . . .*

- The Lord has forgiven me of so much!
- I appreciate that others have pardoned me.
- With the Lord's help, I can forgive \_\_\_\_\_.
- Pardon renews relationships.
- Pardon releases us to move on together.

## **WORDS**

*Suggested things to say or write to others . . .*

- "Pardon me."
- "I'm sorry for what I did."
- "Please forgive me."
- "I forgive you. Let's go forward together!"

## **ACTIONS**

*Suggestions . . .*

- Pray the words from the Lord's Prayer: "Forgive us our debts, as we forgive our debtors."
- Thank the Lord for the pardon He has provided.
- Let go of grudges.
- Write a letter asking for forgiveness.
- Write a letter granting forgiveness.

## **DISCUSSION**

*For personal reflection or group consideration . . .*

1. What do the Scriptures say about pardon?
2. What's a good example of pardon?
3. How does pardon build the Body of Christ?
4. How could I be more forgiving toward others?
5. What will I commit to doing?