

PRAYERS

Some suggestions . . .

- Dear Lord, please help me to trust in You completely.
- Dear Lord, please help me to wisely trust other people.
- Dear Lord, please help me to be trustworthy.

THOUGHTS & ATTITUDES

Affirm thoughts like these . . .

- In God We Trust.
- I trust _____.
- Our trust level is increasing.
- Trust is precious and deserves careful handling.

Other suggestions . . .

- Trust completely in God.
- Trust wisely and carefully in others.

WORDS

Suggested things to say or write to others . . .

- “_____, I trust you.”
- “You are a trustworthy friend.”
- “I will honor the trust you have in me.”

ACTIONS

Suggestions . . .

- Venture out of your comfort zone.
- Delegate or share the workload.
- Avoid micromanaging others.
- Be patient.

DISCUSSION

For personal reflection or group consideration . . .

1. What do the Scriptures say about trust?

2. Whom should we trust? Why?

3. Does trust have various levels?

4. What’s a good example of trust?

5. What could I do to give more trust to others?

6. What will I commit to doing?