

There's a good harvest . . .

WHEN RESPECT GROWS

When we respect others, it helps them *feel* important. Even more essential, it reminds them that they *are* important. Overall quality of life increases when respect grows. There is a "common courtesy" among people. People are more motivated, since respect is a pleasant thing to give and to receive.




SOME OF THE BLESSINGS WHEN RESPECT GROWS:

- People are reminded that they are significant.
- A proper self-image is nourished.
- Overall quality of life improves.
- Friendships are enhanced and able to grow.
- Family life improves.
- Schools, businesses and churches flourish.
- *The Lord is worshipped and glorified!*

Praise the Lord, O my soul; all my inmost being praise His Holy Name. - Psalm 103:1

Which blessings are the most important to me?

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Considering the examples on the right → → → → → → → → →

AM I PRACTICING RESPECT WITH . . .

- **Family members?** Yes No *If yes, how?*



How could I improve?



- **Friends and acquaintances?** Yes No *If yes, how?*



How could I improve?



- **Authority Figures?** Yes No *If yes, how?*



How could I improve?



What will I commit to do in order to better practice this seed?



HABITS TO HELP RESPECT GROW:

PRAYER

- Dear Lord, help me treat people with dignity and respect.

THOUGHTS & ATTITUDES

- The people around me are important.
- Think about others.
- Remember names.

WORDS

- "You are important!"
- "What do you think?"
- "I'd like to hear your ideas on this."

ACTIONS

- Look at the person who is speaking.
- Let others go first.
- Good hygiene.
- Be on time – respecting a person's time is respecting them.

FELLOWSHIP

- Being there for others.
- Practicing all of the above with others.

Date _____

Initials _____